

**Amendments to the Specification:**

Please replace the paragraph beginning at page 4, line 2 with the following amended paragraph:

To solve the above-described problems, a first embodiment of a sheet according to the present invention includes a strip-shaped peel sheet; a spacer sheet stuck onto the peel sheet via an adhesive layer; an upper face sheet stuck onto an upper face of the spacer sheet via an adhesive layer; and contact plates stuck to the upper face sheet. On the peel sheet and the spacer sheet, penetration holes through which the contact plates can penetrate, and coupling grooves by which the adjacent penetration holes are coupled are formed. ~~In the coupling grooves, one side of the coupling grooves provided in a direction crossing a feed direction of the strip-shaped peel sheet are displaced toward rear ends of inner circumferences of the adjacent penetration holes with respect to the feed direction of the peel sheet of the adjacent penetration holes.~~ The peel sheet is peeled off from a downstream end toward an upstream end of the peel sheet. Each of the coupling grooves has an upstream edge and a downstream edge where the upstream edge is positioned upstream with respect to the downstream edge. The coupling grooves are displaced toward the upstream end in the feed direction with respect to a center of each of the adjacent penetration holes so that there are no upstream edge<sup>s</sup> within a plane of the spacer sheet, protruding toward the downstream end in the feed direction.

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